

## Tri State Sports Indoor Soccer Rules

League games consist of:

- Two 20 minute halves, with a 2 minute halftime.
- The clock does not stop during play for any reason.
- Games are started at their scheduled time regardless of whether teams are ready

Teams are set up as follows:

- U9, U10, U11, U12           7 players plus keeper
- U13, U14                     6 players plus keeper

Each team is responsible for providing one game ball. Sizes are as follows:

- U9 thru U12           size 4
- U13 and up           size 5

All players are required to wear shin guards. No jewelry may be worn. The team listed first on the schedule is the home team, and must change to an alternate jersey/pinney if there is a color conflict.

A ball hitting any of the netting is out of play. Any ball hitting the netting results in a direct free kick for the opposing team.

**All free kicks are direct kicks**, and the player must be given 10 feet by the defender. The ball may be moved one yard from the wall.

Penalty kicks are taken from 10 yards out.

Goalkeepers must follow outdoor rules for handling the ball. The keeper may not handle a ball directed to him, intentionally, by the foot of a teammate.

When, in the course of the match, the keeper legally gains possession of the ball with their hands, they may punt, throw or drop-kick the ball, however, the ball cannot cross the mid-field line in the air, without it first hitting a wall, the floor or a player.

There is no offside.

Slide tackling and boarding are not permitted.

Discipline above and beyond normal fouls is at the discretion of the referee and follow normal soccer guidelines.

The referee may remove a player(s) from the field for a two (2) minute penalty for persistent infraction of the rules, use of foul language, etc. The team whose player received the yellow card will play short for two (2) minutes, if the opponent scores within the two minute penalty, the team returns to full strength.

In the event that a team receives additional yellow card(s) while a two (2) minute penalty is being served. The player(s) receiving the yellow card will leave the field, the team will play short until the expiration of his or her two (2) minute penalty.

Players or coaches may be ejected (red-carded) if the referee deems the offense to be severe enough in nature. The player(s) will leave the field and not return to the match. The team receiving the red card will play short for a five (5) minute penalty, the penalty will be served in full regardless how many goals the opponent scores.

In the event that a team receives additional red card(s) while a five (5) minute penalty is being served. The player(s) receiving the red card will leave the field and not return to the match, the team will play short until the expiration of his or her five (5) minute penalty.

Players or coaches who are red-carded may not participate in the next league game, and further sanctions may be applied depending on the severity of the offense. Tri-State Sports has a zero tolerance policy on physical and verbal abuse.

Coaches are encouraged to avoid running up scores on opponents. Discuss a strategy for this with your players before things get out of hand.